

# A Patient Guide to Visiting the Dental Office

Going to the dental office is a different experience in the era of COVID-19. Here are the steps you and your dentist may take before, during, and after a dental appointment.



## Before Your Appointment

Your dental office may call you 1–2 days before your visit to ask if you have been sick — for example, if you’ve had a cough or a fever — or if anyone in your household has been sick. You may be asked to come to your appointment alone unless you need help understanding a different language or you are a parent/guardian of a child being treated.

## When You Arrive for Your Appointment

You may be asked to wait outside until you are called inside for your appointment. Once inside, you may be asked to wear a mask or other face-covering and wash your hands or use hand sanitizer.



## During Your Appointment

Your dental team may wear special clothing like masks and foot coverings. The windows may be open and the chairs moved for better air flow. They may do things differently during your treatment to protect you.

## After Your Appointment

Your dental team may call a few days after your appointment to see how you are feeling. You may be asked to contact your dentist office if you are feeling sick or have COVID-19.

